

Douglas Mountain, Sebago

This is a popular hike, probably because you really can take your four year old up this one without carrying her the whole way. And it's close to Portland. There are two ways up the short, 1,416-foot mountain. You can start at the main parking lot and take the 1.5-mile Eagle Scout Trail up to the Nature Loop, and over to the summit. Or you can hike up the shorter and steeper .4-mile Ledges or Woods Trails, which start at the second, higher parking lot (there is no parking here). Most hikers park at the closer one, but if you continue .2 miles or so up Douglas Mountain Road, past some houses, you'll reach the second lot. This is for drop-off and pick-up only.

Douglas Mountain has a stone observatory tower on top, which boosts you high enough for lovely views of Sebago Lake and the distant mountains to the west.

More trails can be seen on [Maine Trail Finder](#).

Directions: Follow ME 107 north 5.6 miles from East Baldwin or 10 miles south from Bridgton. Turn onto Dyke Mountain Road. After 0.8 miles, turn left onto Douglas Mountain Road and follow signs for the parking area and trailheads.

Check out more info and photos from [Douglas Mountain](#) at Carefree Creative, a Maine-based web company that has helped us with our website!

ngg_shortcode_0_placeholder