

# Georges Highland Path, Frye Mountain, Montville

*Frye Mountain in yellow, Hogback Mountain in Blue, Bog Brook Preserve in green*

You could easily miss the 1,122-foot summit of [Frye Mountain](#), but no matter. This is a long, 10-mile-ish hike through woods filled with mushrooms and other delights. It's 2.5 miles to the 4.6-mile loop. The trail is part of the [Georges Highland Path](#) and the [Hills to Sea Trail](#), both of them near-50-mile networks of trails. Frye Mountain is maintained by Georges River Land Trust. Across Rt. 220, and Frye Mountain's trailhead, is Hogback Mountain, which feeds into Bog Brook and Whitten Hill preserves.

Georges River Land Trust has divided the trail into three sections: Headwaters Region (this one, Frye and Hogback mountains), [Central Region](#) (in Searsmont, Rockport and Camden), and the [Saltwater Region](#) (in Thomaston).

**Directions:** From the intersection of Routes 3 and 220 in Liberty, follow 220 north for 6.5 miles to Walker Ridge Road on the right. Park at the Dept. of Inland Fisheries & Wildlife maintenance building lot and walk up gravel road 0.3 miles to trailhead on right. There is a small GHP sign on the right at the trailhead. To the left is the trail to Hogback Mountain, but I found this one hard to locate where someone is clear cutting.

View [Frye Mountain](#) in a larger map

