

Island trails

I don't get the chance to visit many islands, but when I do, I try to find trails. Here's what I've walked so far:

Reachable by Ferry

- Squirrel Island, Southport
- Swan Island, Richmond
- Monhegan Island, Lincoln County
- Vinalhaven (not yet complete)
- Acadia National Park, Isle au Haut

Reachable by private boat

- Warren Island, Isleboro
- The Goslings (with a trail on Lower Goose), Harpswell

Reachable by foot at low tide

- Merritt Island, West Bath (reachable by causeway at low tide)
- Matthew's Island, Eastport

Reachable by road (causeway)

- Great Wass Island Preserve, Beals
- Sears Island, Searsport
- Mackworth Island, Portland