

# Mount Tom, Fryeburg

There was a relatively new trail up Mt. Tom when I hiked this little 1,073-foot mountain (fall, 2015) giving hikers the option to do a loop up and over the mountain and back along the relatively quiet Menotomy Road for a roughly 4-mile hike. Or you could go up and back on either of the trails (both are approximately 1.5 miles each way) for a quick hike to a summit with views of Pleasant Mountain. I found the best views to be on the ledges a little beyond the summit marker.

**Directions:** **To the northern trailhead**, turn onto Mentotomy Road from Route 302, and drive 2.3 miles and watch for the cemetery on the right. It is after the intersection with Bog Pond Road on your left. Walk up Menotomy road a little bit and you'll see a sign for Mount Tom on the right. Continue on the dirt road, which passes by fields and several homes. Stay straight on this road, and you will continue climbing upwards until you enter the Nature Conservancy land. There are no blazes on this trail. **To access the southern trailhead** for the West Ridge Hiking Trail, travel along Metonomy Road for about a mile, and turn right on Fire Lane 31B and park near the trail sign on the left. When I was there, the lane was blocked with a gate, and the trail started just about there. This trail is marked with white blazes.

