

Windham

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This map shows trails in Cumberland County

- **Deer Hollow/Mud Pond Nature Reserve** – A smallish preserve with unmarked but visible trails and a small platform overlooking the pond.
- **Chaffin Pond Preserve at Donna Lippman Park** – This is a lovely, kid-friendly place, with a playground, a kids' trail and a boardwalk.
- **Dundee Park** – Probably not very fun to walk here during summer, when people flock here to swim at the sandy beach, but this is a pretty and pretty quiet place during the off-season. You're not allowed to bring dogs here, but I am not sure if that rule applies to the off season? The path is very short.
- **Otterbrook Nature Sanctuary** – This was a little neglected when I visited in the fall of 2016.
- **Black Brook Preserve** – This, in contrast to Otterbrook Sanctuary, was rather lovingly tended to, with many trails, some of them still being developed in the fall of 2016, it seems. I recommend the Diamond Trail.
- **Lowell Preserve** – More than 300 acres here to explore, although when I visited in the winter of 2017, the trail system seemed to be neglected and it was hard to find my way around. Here's a link to the Cross-Town trails that connects to Lowell Preserve.
- **Sea to Sebago Trail** – This long-distance biking or walking path goes from Portland to Sebago Lake theoretically, but it is still in the works. The most developed part, I think, is the section from Windham through Gorham to Standish and the lake – and it's great. Great biking.
- **Windham High School trail** – This short (.8-mile or so)

trail is unmarked but easily to follow. It starts near the track and heads to the Pleasant River and a little wetland.