

Dows Woods Trail, South Portland

This is a [9.3-acre preserve](#), with a 2-acre pond, close to the high school. I parked in the school's lot and walked up the short dead-end road to the trail head, but there is a small parking area on Dow Road (which has a new name, I think – Preservation Lane?). The trail head is slightly to your right, if you're standing at the end of the road. The path goes through a break in the stone wall.

Directions: From the South Portland High School upper parking lot, you'll see Dow Road across Highland Ave. At the end of this short street, the trail head is at the break in the low stone wall a few feet from the edge of the small parking area.



